



## *Atlanta's Fun Dental Experience*

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Most effective way to provide post op pain relief after dental procedures:

1. Taking **2 tabs of 500mg of Acetaminophen (Tylenol) along with 2 tabs of 200mg Ibuprofen (Advil).**
  - a. Take with food and 8 ounces of water.
  - b. Repeat every 6-8 hours as needed

These two over-the-counter medications have proven to provide more effective relief and far fewer side effect than prescription opioids.

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### Pain Management Articles:

[https://www.cdc.gov/drugoverdose/pdf/nonopioid\\_treatments-a.pdf](https://www.cdc.gov/drugoverdose/pdf/nonopioid_treatments-a.pdf)

(HealthDay News) April 25, 2018 -- Over-the-counter ibuprofen and acetaminophen provide better relief for dental [pain](#) than prescription [opioids](#) and are less likely to cause side effects

<http://www.wolterskluwer CDI.com/dental-newsletters/dental-surgery-post-op-pain-is-treated-more-effectively-with-ibuprofen-acetaminophen-combination-than-medications-containing-narcotics/>